

Therapeutic Interventions

Sensory Room

All pupils have access to the sensory room in school. This space is used to help pupils, regulate when needed as well as used as a teaching space for some of the classes in school, where specific sensory programmes are carried out.

The sensory room has a range of equipment in including:

- Fibre optics
- UV lights
- Resonance bed
- Theme projector
- Water bed
- Sound system
- Mirror ball
- Bubble tubes

Tac Pac

Tac Pac is a programme which uses objects of different textures and music. These objects and pieces of music become familiar as well as actions and pupil in a pattern of different activities, the partners communicate with each other.

Rebound Therapy

The phrase Rebound Therapy describe the use of trampolines in providing therapeutic exercise and recreation for people with a wide range of special needs. Participants range from mild to severe physical disabilities and from mild to profound and multiple learning disabilities, including dual sensory impairment and autistic spectrum.

Sensology

Sensology is used to describe the very first steps in early learning for everyone. It embraces the importance of the theory of early learning through sensory stimulation, sensory experiences and multisensory environments. It is a vital part of the “pre-requisite to learning” skills everyone acquires in order to access any level of thought.

Sherbourne Developmental Movement

Movement experiences are fundamental to the development of all human beings and are particularly important to people with special needs. Sherborne Development Movement is an approach to teaching and working with movement which is accessible to people with minimal movement experience.

Dough Disco

Dough disco is a fun, creative activity that involves using playdough to perform a series of hand and finger exercises set to music. It's designed to improve fine motor skills, hand-eye coordination, and muscle development in fingers and hands, which are beneficial for future writing skills.

Write Dance

Write Dance is a movement-based pre-writing program designed to help young children develop the motor skills and confidence they need for handwriting. It combines music, movement, and drawing to develop the large and fine motor skills essential for writing. It focuses on fun, rhythmic activities that build coordination and body awareness and it aims to reduce writing anxiety by making pre-writing exercises more playful and engaging.