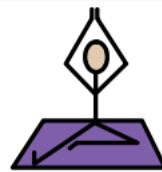


Pink Class

In Pink class we have been practicing our personal development skills and taking part in Yo Chi yoga with Elsa our Yoga instructor, who has been coming to join us in class. We have been learning to copy modelled yoga moves and exploring the yoga signing bowl to promote our well being.



Yoga

