



April has been fun - after returning from Easter and having all eaten lots of chocolate treats we have been learning about Healthy choices! We have explored how no foods are bad but some should be eaten in smaller amounts. We had the opportunity to come and help ourselves to fruit and chocolate & (mostly!) remembered that we should only have a little chocolate. We have also been learning about how exercise help keeps us healthy and took part in some running, bouncing and swings exercise to find out which was the most fun and we thought was best- swings won! We have started our rebound (trampoline) in PE and this has been very well received by the children and is very motivating. Smoothie making in FT is also a huge hit - the children love the noisy blenders and switching them on and off- even more than drinking the smoothies I think. The trips to the local Hogmoor Inclosure café have begun on a Tuesday morning and pupils have been brilliant at putting their skills learnt in school in the role play café into practice- ordering, paying and waiting for their food and drink.

