



Independent Futures Team

Your transition to adulthood

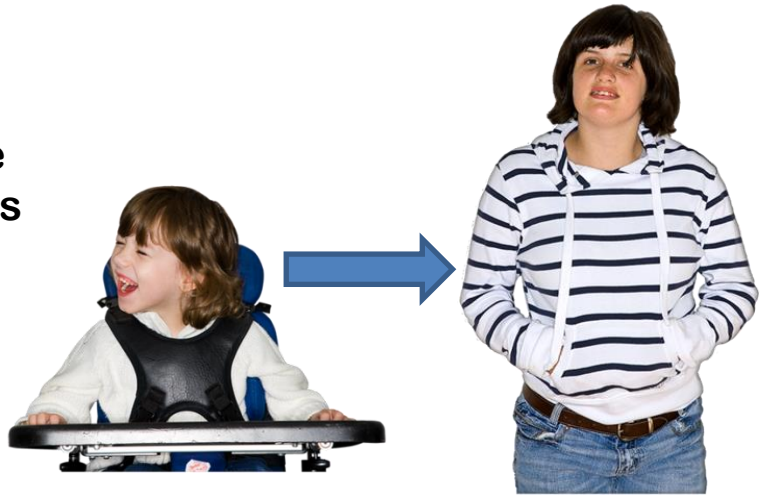


Hampshire
County Council

www.hants.gov.uk

1. What is transition?

Transition means change. The transition we talk about here is the change from being a child to being an adult.



You may be getting help and support from **Childrens Services**. This is one department in the Council. This support ends when you are 18.



When you're an adult you might get help and support from other people. This could be the **Adults Health and Care** department in the Council or other organisations.



The **Independent Futures Team** are here to help you. We are part of Adults Health and Care.

We will help you to get the right support from the right people. We will work with you to make your transition go well.



2. How will the team work with me?

We will talk to you and ask you about what you want to do in the future.

We talk about when you will be 18 years old and will become an adult.



YOU are the most important person we listen to.



If you say it is OK we will also talk to your family and other people who are important in your life.

If you have a Children's social worker or a health worker we will talk to them. We will also talk to teachers at your school.



We will talk to you when the time is right for you. It may be when you are 14 or 15 years old.

It will probably be when you are 16 or 17 years old.



3. How do you work out what help I get when I am 18?

We give information and advice to everyone.



Sometimes people need more help and support.

We cannot help everyone. We have to follow rules about who we can help.



We explain how we work out who we can help in another booklet. The name of the booklet is 'Who can get help from Adults Health and Care'.

It also tells you

- how we work out your care plan with you
- how we work out what you need to pay for your care



You can find an Easyread copy of this booklet on our website at

www.hants.gov.uk/gettingstartedguide



The Independent Futures Team look forward to working with you

