

Hollywater's Safeguarding Curriculum

Accessing the
community



Relationships



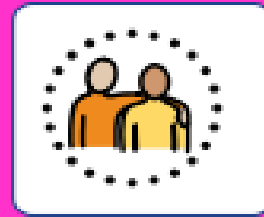
Awareness of
our bodies



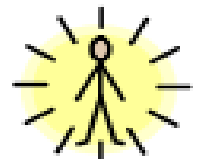
E-Safety



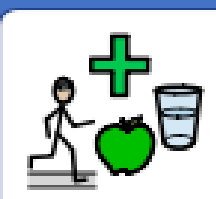
Recognising
Risk and
Staying Safe



Emotional
Well-Being



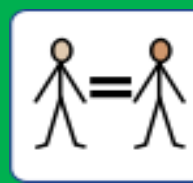
Personal
Health



Recognising
Abuse



Equality and
diversity



Elements running throughout : communication, off-site visits, aspirations, behaviour/engagement, CPOMS recording, interventions, anti-bullying, emotional regulation, high risk safeguarding issues, independence and information sharing

- Access school community
- People we may meet
- Identifying strangers
- Signs and orientation
- Emergency services
- Off-site visits
- Learning to swim
- Road Safety
- Recognising risks in the community
- Independent travel training
- Journeys
- Money

Accessing the community



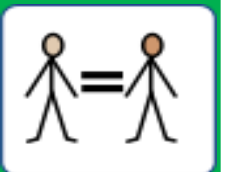
- Body awareness
- Gross and fine motor skills
- Getting dressed
- Naming parts of the body
- Healthy lifestyles
- Personal hygiene
- Physical changes at puberty
- Dealing with touch
- Emotional changes at puberty
- Reproduction – RSE curriculum
- Medicinal drugs
- Drugs, alcohol and tobacco use
- Consent
- Pregnancy and fertility
- Self-esteem and body image

Awareness of our bodies



- Awareness of different cultures
- Recognising similarities and differences
- Identity
- Belonging
- Important places
- Places of worship, religions and beliefs – RE curriculum
- Religious and moral arguments
- Prejudice and discrimination
- Responses to world conflicts
- Radicalisation and extremism
- Access to restorative justice sessions where appropriate

Equality and diversity



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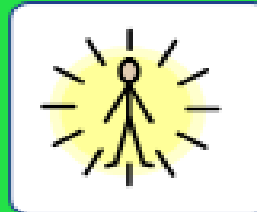
- Access technology
- Access internet
- Ways to communicate
- What should be shared
- Identifying strangers
- Passwords
- Identifying hazards online
- Cyberbullying
- Relationships online
- Safety and Privacy
- Reporting issues
- Social media

E-Safety



- Recognise own emotions
- Develop strategies to self-regulate (Zones of regulation)
- Recognise what causes emotions
- Recognise mental well-being
- Recognise changes to mental well-being
- Identify how to get support

Emotional Well-Being



- Explore food and drink
- Healthy/unhealthy foods
- Basic food hygiene
- Preparing healthy snacks
- Healthy lifestyles
- Personal hygiene
- Exercise and fitness
- Nutrition and balanced diets
- Feeling unwell
- Drugs, alcohol and tobacco use
- Recognising illness
- Work / life balance

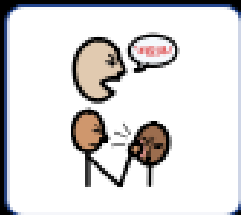
Personal Health



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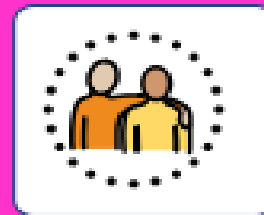
- Respond to touch
- Recognise own body
- Public and private
- Identity
- Safe
- Recognising suffering
- Safety and Privacy
- Reporting issues
- Exploitation
- Forced marriages
- Gangs and organised crimes

Recognising Abuse / Mistreatment



- Accept support from others
- Recognise what risks are
- Risks in familiar environments
- Hazards in the kitchen
- Basic food hygiene
- Recognising risks in the community
- Emergency situations
- Gambling
- Risk-taking behaviours
- Assessing risks
- Travel
- First Aid
- Exploitation
- Gangs and organised crime
- Forced marriages
- Response to world conflicts

Recognising Risk / Staying Safe



- Myself
- Own family
- Other adults
- Friendships
- Safe
- Belonging
- Relationships online
- Preparing for adulthood
- Long-term relationships
- Consent
- Healthy / unhealthy behaviours
- Negative influences
- Overcoming issues in relationships
- Exit strategies
- Consequences of not respecting consent

Relationships

